

Full Report (All Nutrients) 45174715, ESSENTIAL EVERYDAY, REDUCED FAT MEXICAN STYLE FOUR CHEESE BLEND, UPC: 041303007884

Powered by [LabelInsight](#)

Report Date: July 14, 2017 05:23 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Supervalu, Inc.

Nutrient	Unit	Data points	Std. Error	0.25 cup 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	90	321
Protein	g	--	--	7.00	25.00
Total lipid (fat)	g	--	--	6.00	21.43
Carbohydrate, by difference	g	--	--	1.00	3.57
Fiber, total dietary	g	--	--	0.0	0.0
Sugars, total	g	--	--	0.00	0.00
Minerals					
Calcium, Ca	mg	--	--	200	714
Iron, Fe	mg	--	--	0.00	0.00
Sodium, Na	mg	--	--	210	750
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	300	1071
Lipids					
Fatty acids, total saturated	g	--	--	3.500	12.500
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	15	54

Amino Acids

Other

Ingredients

REDUCED FAT MONTEREY JACK CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES, VITAMIN A PALMITATE), REDUCED FAT CHEDDAR CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES, ANNATTO COLOR, VITAMIN A PALMITATE), REDUCED FAT QUESO QUESADILLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES, VITAMIN A PALMITATE), REDUCED FAT ASADERO CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES, VITAMIN A PALMITATE), ANTICAKE

